

Department of Dance Art



Academics

The Department of Dance Arts at the College of Humanities and Convergence Arts focuses on training professionals in ballet, Korean dance, dance sports, and Pilates through an integrated arts education that combines theory and practical skills. With the goal of meeting the demands of the 21st-century global cultural and arts industry, the department provides specialized education in both pure dance arts (ballet, Korean dance) and applied dance arts that contribute to creative changes in everyday life (dance sports), along with Pilates for posture correction, muscle strengthening, flexibility enhancement, fitness, and rehabilitation. The emphasis is on practical and high-quality education to facilitate job opportunities after graduation in our rapidly changing modern society. Additionally, the department promotes creative multi-player development through the interdisciplinary education approach at the College of Humanities and Convergence Arts.

Educational Goals

- Development of Specialized Dancers through Integrated Arts Education
- Cultivation of Female Talent in Specialized Fields through Diversified Major Specializations
- Cultivation of Holistic Artists Based on Professionalism in Dance

Students Envisioned

- Versatile Dance Professional with Expertise in Dance, Integrated Skills, and Creative Global Multifaceted Abilities

Faculty



Prof.	Kim, Mi Sook
Field	Daily Dance
Office	Woonjung Campus Pavilion Hall #919
Tel.	+82 2-920-7582
Email	mshb0320@sungshin.ac.kr



Prof.	Kim, Sun Jung
Field	Ballet
Office	Woonjung Campus Pavilion Hall #918
Tel.	+82 2-920-7717
Email	ratisjk@sungshin.ac.kr



Prof.	Seong, Jae Hyeong
Field	Korean Dance
Office	Woonjung Campus Pavilion Hall #917
Tel.	+82 2-920-7718
Email	sjh17@sungshin.ac.kr





Curriculum Freshman

Area	Course Code	Course Name	Course Description	Semester	Credit
Core Major	ID003000	Major Dance Practice 1	<ul style="list-style-type: none"> ■ Ballet Develop the ability to recognize aesthetic sense and aesthetic experience by understanding and studying the basic system and principles of classical ballet. Each course consists of Barre & Centre Works, and each week focuses on the explanation of movement and posture, and the skill of combination. ■ Daily dance Understand the basic principles of Latin dance among dance sports and acquire skills. Research body movements with various rhythms. ■ Korean dance By learning correctly based on the basic movements of Korean dance, it is intended to provide the foundation for various works and creative activities of Korean dance with an expressive body that can accommodate all Korean dance techniques. 	1 st	2
	ID003100	Movement and expression 1	<ul style="list-style-type: none"> ■ Ballet In addition to the overall theory of classical ballet, the purpose of this study is to improve physical flexibility, turn-out, balance, endurance, rhythm, expressiveness, and ballet movements, as well as to study free and stable basic techniques. ■ Daily dance Learn the basic skills of various life dances (dance sports, broadcast dance, and line dance) and learn the importance of body movements. It is a class that maximizes pleasure and happiness through dance, seeks to improve confidence by dividing roles, and improves the value of life and quality of life. ■ Korean dance Learn how to express your body in a space that is important in Korean dance correctly. Study daily movements and various kinds of dances from various angles, and understand and master body expression in the space of harmony expressed by students' movements and each other's breaths through dance by genre. 		2



Curriculum Freshman

Area	Course Code	Course Name	Course Description	Semester	Credit
Core Major	ID003200	Major Dance Practice 2	<ul style="list-style-type: none"> ■ Ballet Develop the ability to recognize aesthetic sense and aesthetic experience by understanding and studying the basic system and principles of classical ballet. Each course consists of Barre & Centre Works, and each week focuses on the explanation of movement and posture, and the skill of combination. ■ Daily dance It makes it possible to understand the basic principles of dance sports Latin dance and focuses on mastering body movements in various rhythms. ■ Korean dance By learning correctly based on the basic movements of Korean dance, we intend to provide the foundation for creative activities with an expressive body that can accommodate all the techniques of Korean dance. 	2 nd	2
	ID003300	Movement and expression 2	<ul style="list-style-type: none"> ■ Ballet By accurately understanding and expressing the principles and meanings of the basic movements of ballet, it pursues the aesthetic values that must be equipped as a professional dancer and aims to develop the creative potential that is the basis of artistic activities. ■ Daily dance Dance sports are sports that not only improve health through physical (aerobic) exercises, but also contribute greatly to social development through interpersonal relationships as a social sport rather than a competitive sport. It aims to cultivate patience and cooperation to help individuals complete their personality and acquire major knowledge linked to basic skills in major practical subjects through in-depth learning. ■ Korean dance It is to study daily movements and various types of dances from various angles, and to learn how to express the body in space through the harmony expressed by students' movements and each other's breathing through dance by genre. 		2



Curriculum Sophomore

Area	Course Code	Course Name	Course Description	Semester	Credit
Core Major	ID000500	Improvement of Posture 1	CHENING Mov Management. It is possible to obtain the maximum effect of the intermediate level pillar filament using Algro toolbar.	1 st	2
	ID001400	Dance Art	It is for dance, the meaning of dance, and the expression of dance. It presents dance theory based on how the movement is obtained by looking at how the movement is used to obtain meaningful expression based on movement. In addition, the dance majors and general people can easily access the dance as art that can help understand the use of dance majors. In comprehensively, social, cultural, cultural, cultural, cultural, cultural, cultural, cultural, cultural, cultural, cultural, artistic aspects.		2
	ID003400	Major Dance Practice 3	<ul style="list-style-type: none"> ■ Ballet: With an in-depth process following Ballet 1 and 2, the skills are improved enough to stand on the classical ballet stage through the completion of detailed ballet movements and the use of accurate energy. Hone the techniques of difficulty corresponding to the 3rd and 4th grades of the Baganova system. In particular, it focuses on Allegro and Point Work in Centre Work. ■ Daily dance: Learn the basic movements of each sport of modern dance's waltz and tango, and examine the history and characteristics of each sport. While practicing figure skating, develop partnerships between men and women, expressions of Arim in dance sports, and performance skills for each sport's technique. While performing alone or as a man and woman, develop courtesy and consideration between partners, and practice music editing to prepare for the role of a leader. ■ Korean dance: Learn and learn various Korean dance moves and folk dance moves. It uses delicate foot movements and props to acquire and create accurate movements of folk works. 		2
	ID003500	Ballet Point Work	The basic point work that ballet should be acquired. Analysis of Variation in the era of each era, it is necessary to provide accurate technology.		2
	ID003600	Dance Workshop Training 1	<ul style="list-style-type: none"> ■ Ballet: It provides effective educational opportunities to help students develop cognitive, emotional, and social skills in dance arts education. It is intended to develop basic knowledge acquisition and competency so that the entire process required to plan and produce performances suitable for the major field of dance arts can be understood and implemented in connection with education. ■ Daily dance : In order to deepen each individual's major in life dance, scientific and efficient methods are sought for research, and skills are improved and leadership skills are cultivated. ■ Korean dance: Classes are conducted in preparation for creative presentations, regular performances, and graduation presentations held every semester through the selection of materials necessary for many works of Korean dance, dance components, and choreography. 		2



Curriculum Sophomore

Area	Course Code	Course Name	Course Description	Semester	Credit
핵심전공	ID000800	History of World Dance	Through the general aspect of dance, it is identified by understanding of dance, and art historical aspects of dance, and art historical aspects of dance. It is also aware of the creation process and development of dance and development with other dancers.	2 nd	2
	ID001200	Improvement of Posture 2	(CHENING Mov Management. It is possible to obtain the maximum effect of the intermediate level pillar filament using Algro toolbar.		2
	ID001600	Korean Dance Instant Practical Work	It enriches the understanding of the choreography process by using improvisation, exploring ideas, and practicing movements based on space, time, and energy forms.		2
	ID003700	Major Dance Practice 4	<ul style="list-style-type: none"> ■ Ballet: By accurately understanding and expressing the principles and meanings of the basic movements of ballet, it pursues the aesthetic values that must be equipped as a professional dancer and aims to develop the creative potential that is the basis of artistic activities. ■ Daily dance: Among the standard dances, we focus on the slow fox event, the bronze of the quickstep, and the steps of the silver process. In addition to the accurate footwork of each step, the musical understanding and the harmonious movement of the preceding and continuing steps are studied. The characteristics of the slow fox suede and the elements that maximize the cheerfulness of the quickstep are also approached in detail. ■ Korean dance: Learn and learn various Korean dance moves and folk dance moves. It uses delicate foot movements and props to acquire and create accurate movements of folk works. 		2
	ID003800	Dance Workshop Training 2	<ul style="list-style-type: none"> ■ Ballet: It provides effective educational opportunities to help students develop cognitive, emotional, and social skills in dance arts education. It is intended to develop basic knowledge acquisition and competency so that the entire process required to plan and produce performances suitable for the major field of dance arts can be understood and implemented in connection with education. ■ Daily dance: Based on the skills acquired in Life Dance Workshop 1, the goal is to explore and research an individual's major with more expertise, scientific and efficient methods, and to improve skilled skills and develop leadership skills. ■ Korean dance: Classes are conducted in preparation for creative presentations, regular performances, and graduation presentations held every semester through the selection of materials necessary for many works of Korean dance, 		2



Area	Course Code	Course Name	Course Description	Semester	Credit
Advanced Major	ID001700	Yoga Therapy 1	Thank you for being able to control the correct posture, flexibility, flexibility, flexibility, flexibility and mental (Young marriage) and mental (Young marriage) and mental (Young marriage).	1 st	2
	ID001900	Choreography Improvisation	Through dance improvisation classes and creative works, it explores the movements for dance in everyday life and the elements of the movements to obtain them to induce a more efficient approach to the creative movement. By fusion of the norms and concepts of dance, it approaches the principles of creation in depth and circulates them to development, composition, creation, and dance research, leading the choreography system. In addition, it expands the sense of achievement and aesthetic function by continuously developing experiments and developments.		2
	ID003900	Major Dance Practice 5	<ul style="list-style-type: none"> ■ Ballet By accurately understanding and expressing the principles and meanings of the basic movements of ballet, it pursues the aesthetic values that must be equipped as a professional ballet dancer and aims to develop the creative potential that is the basis of artistic activities. ■ Daily dance With the theme that the completion of the movement should be flow, the body, space, flow, time, weight, effort, and movement elements are felt and expressed with the body and guided to complete with performing arts through simple body movement analysis. ■ Korean dance Learn and acquire various dances and movements of Jeongjae in Korean traditional dance. Understand the reality of court Jeongjae and intangible cultural properties, acquire, transmit, develop, and apply the exact movement of the work to creative work. 		2
	ID056600	Expressive Arts Therapy 1	It suggests a method of prescribing art through culture and arts to manage mental health in modern society. It has been confirmed that many students currently need an eco-friendly approach to regain self-esteem by applying art therapy to their daily lives to find ways to control themselves, and the solution, that is, the methodology, aims to provide education to improve the quality of life.		2



Curriculum Junior

Area	Course Code	Course Name	Course Description	Semester	Credit
Advanced Major	ID002200	Yoga Therapy 2	Power yoga is a body formed based on the class of class 1, and it simultaneously develops a higher difficulty posture, breathing method, flexibility and muscle strength, and also cultivates guidance skills so that they can be used in the field.	2 nd	2
	ID002400	Korean Creative Dance	Research and learn various operations of Korean dance. It is possible to apply new and creative creative works.		2
	ID004000	Ballet Repertory	By selecting essential repertoires that are meaningful in classical ballet, understanding the historical background and theme of the work, learning the movements, as well as conducting research on music, art, costumes, makeup, etc., so as to be able to put it on stage in a completed form.		2
	ID004100	Major Dance Practice 6	<ul style="list-style-type: none"> ■ Ballet: In dance arts education, we provide effective educational opportunities that help students' cognitive, emotional, and social development. We aim to acquire basic knowledge and develop capabilities so that we can understand the entire process required to plan and produce a performance suitable for the major field of dance art and execute it in connection with education. ■ Daily dance: This course covers the basic concepts and theories that are the basis for understanding dance education and sports education, and promotes a broad understanding of pedagogy, including the essence and concepts of dance and the purposes and methods of sports education. In addition, focusing on changing perspectives on the human body and its movements and understanding the definition of the concepts of dance and sports, sports education integrates and learns issues about the goals, content, methods, and evaluation of sports education. In dance education, The purpose is to learn a general understanding of the expressive form and rhythm of dance, dance appreciation, artistic somatology, and dance history. ■ Korean dance: Learn and acquire various dance moves and Jeongjae movements of Korean traditional dance. Understand the reality of royal court materials and intangible cultural assets, acquire, trans 		2
	ID004300	Motion Anatomy	Dance requires dynamic energy and techniques that integrate body and mind to coordinate various body movements. Therefore, in order to improve the optimal range of motion and high awareness of body functions, learn dance anatomy to promote a basic understanding of bone structure, muscle strength, flexibility, body mechanics and physiology to improve dance technique and prevent injuries in advance. We want to improve the ability of healthy dancers to live as long as possible.		3
	ID056700	Expressive Arts Therapy 2	It suggests a method of prescribing art through culture and arts to manage mental health in modern society. It has been confirmed that many students currently need an eco-friendly approach to regain self-esteem by applying art therapy to their daily lives to find ways to control themselves, and the solution, that is, the methodology, aims to provide education to improve the quality of life.		2



Area	Course Code	Course Name	Course Description	Semester	Credit
Advanced Major	ID004400	Major Dance Practice 7	<ul style="list-style-type: none"> ■ Ballet: We teach you to fully digest the techniques of the 5th and 6th grade Vaganova system so that you can flexibly modify and adjust not only classical music, but also creative work. ■ Daily dance: As a student majoring in dance, I will investigate the effects of various physical movements on our human body and mind, study the meaning and fundamental principles of movement from a multidisciplinary perspective, and become familiar with all matters to further develop a correct perception of dance studies as well as movement. Comprehensively understand the principles of ■ Korean dance: Explore and understand theoretical and systematic knowledge about the concept of Korean creative dance, and study the expression techniques that choreographers wish to express through creative works. <p>The purpose is to develop the spirit of an artist who can convey more advanced and diverse expression techniques through training in choreographing and analyzing creative works.</p>	1 st	2
	ID004500	Dance Teaching Methodology 1	<ul style="list-style-type: none"> ■ Ballet: The purpose of this study is to study dance teaching and learning methods for more systematic lecture implementation and to strengthen dance education instruction capabilities tailored to the learner's age group. To this end, we study the principles of the teaching system of dance education and design the correct methods and movements for dance teaching and learning. In addition, we study dance movement analysis and form application, accurate use of dance terminology, dance teaching methods for each learning object and body type, and study practical dance teaching methods accordingly. ■ Daily dance: To complete a creative performance, we teach choreography that can be helpful in conceiving a graduation work, including expression methods, techniques, stage movement, choreography composition, and music. ■ Korean dance: We study dance teaching and practical teaching methods for each subject and body type of dance education, systematically study various dance education and teaching methods, and strengthen work composition, choreography, and teaching skills. 		2
	ID004900	Dance Appreciation and Analysis	Mainly appreciating proven performance works among ballet, modern dance, and Korean dance performed at home and abroad, and understanding the theoretical explanations and history of performing arts.		2



Area	Course Code	Course Name	Course Description	Semester	Credit
Advanced Major	ID002600	The comprehension of Art philosophy	It has been confirmed that many students currently need an eco-friendly approach to regain self-esteem by applying art therapy to their daily lives to find ways to control themselves, and the solution, that is, the methodology, aims to provide education to improve the quality of life.	2 nd	2
	ID004700	Major Dance Practice 8	<ul style="list-style-type: none"> ■ Ballet: By accurately understanding and expressing the principles and meaning of basic ballet movements, we pursue the aesthetic values that a professional dancer must possess and aim to develop creative potential that is the basis of artistic activities. ■ Daily dance: In order to become a healthy, attractive, and confident woman in the modern era, we introduce popular dances such as flexibility, strengthening muscles, and creating a beautiful body line, and teach them to learn the skills and improve the level of perfection as a stage performance art. ■ Korean dance: Explore and understand theoretical and systematic knowledge about the concept of Korean creative dance, and study the expression techniques that choreographers seek to express through creative works. The purpose is to develop the spirit of an artist who can convey more advanced and diverse expression techniques through training in choreographing and analyzing creative works. 		2
	ID004800	Dance Teaching Methodology 2	<ul style="list-style-type: none"> ■ Ballet: In order to become a good dance instructor, it is essential to perfectly master the basic principles and rules of dance. In addition, you must be able to study the principles of dance instruction and design methods and movements for dance instruction. Therefore, this course provides practice to become a dance instructor in the future by accurately understanding and implementing the structure of dance classes. ■ Daily dance: We teach students to acquire the basic principles and functions of dance, stretch, and acquire functions such as dance sports, modern dance, and jazz to improve the level of completeness in composition. Warm up/Training/Combination/Routine ■ Korean dance: We study dance teaching and practical instruction methods for each subject and body type of dance education, and conduct systematic research on various dance education and instruction methods. It allows students to create various dance teaching and learning courses that apply teaching methods and teaching and learning models. 		2

Curriculum Roadmap

Career Field	Advanced Research	Cultural and Arts Career	Ballet, Korean dance, Dance sports
Major Competency	Educational Expertise	Functional Expertise	Expertise in Education/Research/Counseling/Function
Freshman	<ul style="list-style-type: none"> Major Dance Practice 1, 2 Movement and expression 1, 2 	<ul style="list-style-type: none"> Major Dance Practice 1, 2 Movement and expression 1, 2 	<ul style="list-style-type: none"> Major Dance Practice 1, 2
Sophomore	<ul style="list-style-type: none"> Major Dance Practice 3, 4 History of World Dance Dance Workshop Training 	<ul style="list-style-type: none"> Major Dance Practice 3, 4 <ul style="list-style-type: none"> Dance Art Korean Dance Instant Practical Work <ul style="list-style-type: none"> Ballet Point Work 	<ul style="list-style-type: none"> Major Dance Practice 3, 4 Improvement of Posture 1, 2
Junior	<ul style="list-style-type: none"> Major Dance Practice 5, 6 Expressive Arts Therapy 1, 2 <ul style="list-style-type: none"> Motion Anatomy 	<ul style="list-style-type: none"> Major Dance Practice 5, 6 Choreography Improvisation <ul style="list-style-type: none"> Yoga Therapy 	<ul style="list-style-type: none"> Major Dance Practice 5, 6
Senior	<ul style="list-style-type: none"> Major Dance Practice 7, 8 Dance Teaching Methodology 1, 2 The comprehension of Art philosophy 	<ul style="list-style-type: none"> Major Dance Practice 7, 8 Dance Teaching Methodology 1, 2 Dance Appreciation and Analysis 	<ul style="list-style-type: none"> Major Dance Practice 7, 8
Recommendations for Other Majors / Elective	Introduction to Philosophy	Understanding Korean History and Culture through World Heritage	-
Recommendations for Extracurricular Education Programs	Site Visit to the Performance Venue	<ul style="list-style-type: none"> Alumni Network Field Visit 	-
6 Core Competencies	<ul style="list-style-type: none"> Global Citizen Artistic Sensibility Communication and Collaboration Creative Convergence Autonomous Implementation 	-	-
Related Occupations	<ul style="list-style-type: none"> Professor Professional Dancer 	<ul style="list-style-type: none"> Art Leadership Specialist Arts Producer 	<ul style="list-style-type: none"> Dancer Dance Instructor

● Ballet, Korean dance, Dance sports Track

Track Description	Fostering Practical and Integrated Dance Talent, Developing Experts through Customized Career Guidance			
	Area	Semester	Course Name	Credit
Curriculum	1	1	Major Dance Practice 1	2
	1	2	Major Dance Practice 2	2
	2	1	Improvement of Posture 1	2
	2	2	Improvement of Posture 2	2
	2	1	Major Dance Practice 3	2
	2	2	Major Dance Practice 4	2
	3	1	Major Dance Practice 5	2
	3	2	Major Dance Practice 6	2
	4	1	Major Dance Practice 7	2
	4	2	Major Dance Practice 8	2
	Total			





Sungshin Women's University Department of Dance Art

- Address. Mia Woonjung Green Campus / 55, 76 ga-gil, Dobong-ro, Gangbuk-gu, Seoul (01133)
- Website. <http://www.sungshin.ac.kr/danceart/index.do>
- Email. danceart@sungshin.ac.kr
- Tel. +82 2-920-2636

